



# DIANE ALLEN

## Official Introduction

### Please Read As Written

Diane Allen is an International Speaker, a Violinist, and a recognized expert on the Flow State which is the Positive Psychology or Peak Performance. She was the Concertmaster of an orchestra for 15 years and a sought after violin teacher for 28 years. Diane has been called a peak performance expert by ABC, CBS, and NBC and her TEDx talk is featured on the main TED platform.

Diane's philosophy is that everyone can achieve their highest potential by getting into their flow state. While most find the flow state elusive, Diane has gained competitive advantage by figuring out how to get into flow, on demand.

Diane believes that not only does being in flow bring out the best in each and every one of us, but that it's key to living a meaningful and fulfilling life.

So get ready to expand your vision, harness your power, and channel your inspiration to unleash your potential.

With her Copper Dragon Violin, please, help me welcome, Diane Allen!